

# VitroCap® N



Selected micronutrients for the eyes

Food supplement  **vegan**

Our body relies upon an adequate supply of nutrients in every phase of life, particularly when under stress. Therefore, a balanced diet plays a significant role in health and wellbeing, including that of the eye. Sight is essential to so many daily tasks like our work, watching TV, working on the PC, reading – whether in a newspaper, book, smartphone or tablet – or driving a car, which all require energy and precision. Poor lighting, nicotine and a lack of sleep, fresh air and exercise, subject the eyes to additional stress.

VitroCap® N is designed to support the specific needs of your eyes by supplementing your diet with selected micronutrients.

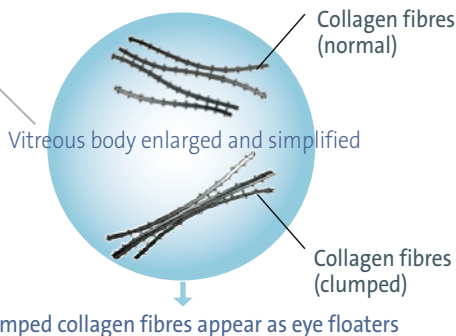
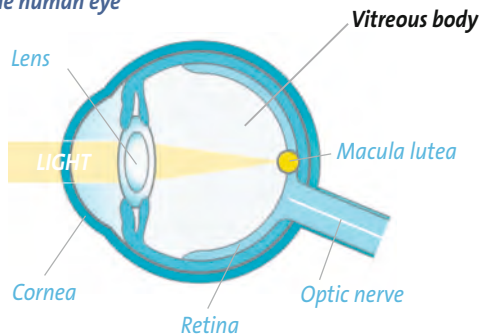
The eye is perfectly shaped for its function: the trapping and transmission of undisturbed and

unaltered light signals to the recipient cells (receptors) of the retina. Essential to this process is transparent media, namely that of the cornea, the lens and the vitreous. Certain changes in these structures e.g. clouding or clumping, affect the transmission of the light and thereby the quality of vision.

To maintain function, these structures in the eye require sufficient and specific nutrients, which are predominantly sourced from the blood-vessel-dense outer layers of the eye (retina and choroid).

The normal metabolic process of any tissue produces unstable free radicals, which if produced in excess, in a way that overwhelms the body's ability to regulate them, gives rise to a condition known as oxidative stress.

## The human eye



Oxidative stress is exacerbated in the presence of blue light (a component of visible light [sunlight]). The eye (along with our skin), is the only organ that is exposed to sunlight and its high-energy rays, thus making it more susceptible to oxidative stress. A diet rich in nutrients such as Vitamin C and Zinc contributes to protect cells from the damage caused by oxidative stress.

**VitroCap®N** is designed to supplement your diet to help support the eye's need for specific micronutrients and its main components are as follows:

- Zinc plays an important role in the body's anti-oxidant defence system, including that of the eye. It contributes to the maintenance of normal vision and supports the metabolism of vitamin A (another nutrient that supports normal vision).
- Vitamin C contributes to normal collagen formation in the body supporting normal function of the skin and gums. Vitamin C (along with zinc) helps protect cells from oxidative stress.
- VitroCap®N also contains precious phytochemicals obtained from grape seed extracts (polyphenols known as proanthocyanidins) and from citrus fruit (citrus flavonoids) and L-lysine, an essential amino acid, which the human body cannot produce by itself.

**Storage information:** Store in a cool, dry place, in its packaging to protect from light, between 5°–25°C. Keep out of reach of children.

**Product information:** Please note that due to the use of natural components, colour deviations of the capsule and its filling are possible.

**Directions for use:** Take one VitroCap®N capsule daily with water and after food for a minimum of 3 to 6 months.



gluten free

lactose free

vegan

2021

## Nutrition information

per daily dose 1 capsule %NRV\*

Zinc	5 mg	50%
Vitamin C	40 mg	50%
Grape seed extract	26.3 mg	**
of which proanthocyanidins	25 mg	**
Citrus fruit extract	100 mg	**
of which bioflavonoids as Hesperidin	60 mg	**
L-lysine	125 mg	**

\* NRVs Nutrient Reference Values in average adults

\*\* NRV not established

**Ingredients:** L-lysine hydrochloride, citrus fruit extract (Citrus aurantium L.), capsule shell (coating agent: Hydroxypropyl methyl cellulose, colouring food: spirulina and apple concentrate, invert sugar), filler: microcrystalline cellulose, L-ascorbic acid (vitamin C); grape seed extract (Vitis vinifera L.), Zinc oxide, anti-caking agents: magnesium salts of fatty acids, silicon dioxide

**Important instructions:** VitroCap®N food supplement is not a substitute for a varied and balanced diet and a healthy lifestyle! Do not exceed the recommended daily amount. Pregnant and breastfeeding women should consult their doctor before use. If you are under medical supervision, taking medication or suffering from a disease, please consult your doctor before taking.

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